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**A** COLLEGE &  
CAREER

# 2019 Senior Presentation

Anne Schonauer & Wendy Reicher

# Counseling Team

☐ Anne Schonauer

☐ Christine Todd

☐ Marissa Meadows

☐ Susan Martin

# College and Career - Wendy Reicher

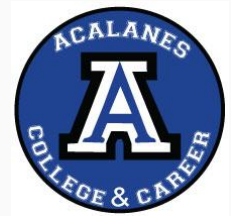
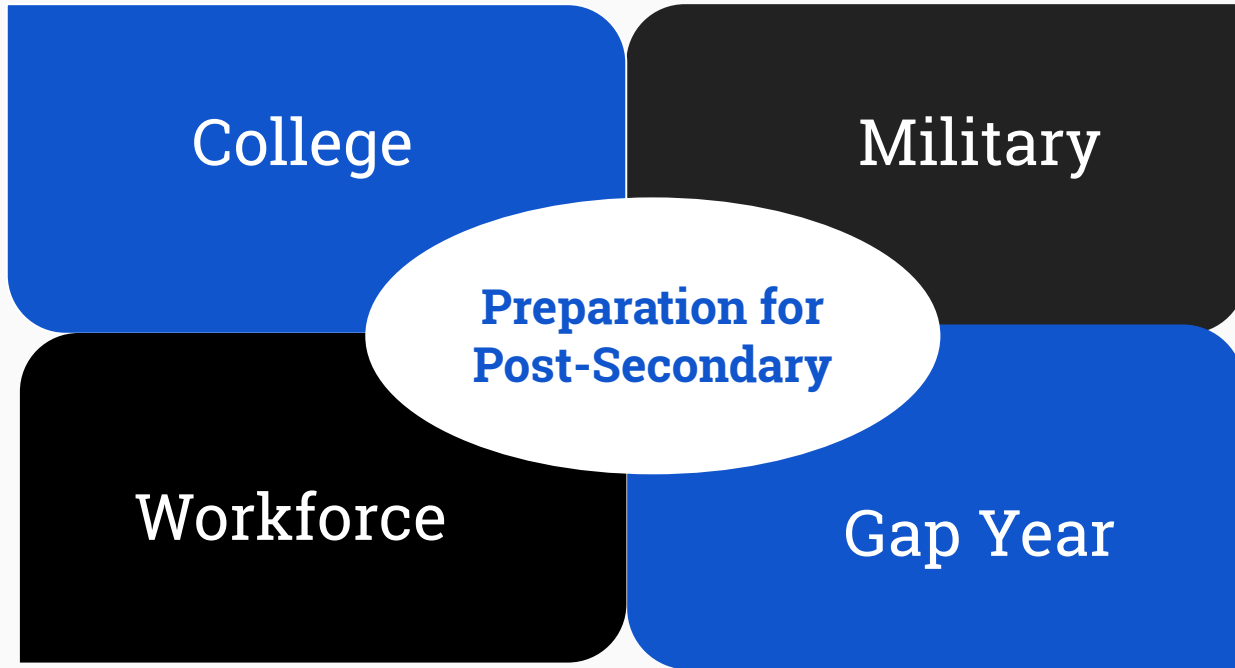
- ❑ Stanford GSB - Case Study Writer
- ❑ UC Berkeley - Credential in College Advising
- ❑ Acalanes Unified - College and Career/Academic Substitute
- ❑ UCLA - BA History

- ❑ NFL
- ❑ Oakland Raiders
- ❑ Sports Marketing/Business
- ❑ Connect with me!



[www.linkedin.com/in/wendy-reicher-b19a9b14](https://www.linkedin.com/in/wendy-reicher-b19a9b14) Edit your custom URL

# Common Pathways After Acalanes



# Resources Available

- Postings for jobs , internships, volunteer opportunities
- Resume building
- Travel abroad info
- College rep visits
- Application help for community and 4-year degree college apps
- Visits with military reps for those interested



# Resources at School

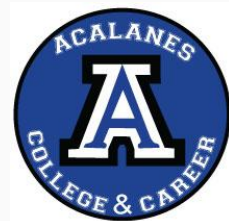


College Application Steps	College Application Timeline
Step 1: Research Colleges	August - Research colleges and create a list of potential colleges.
Step 2: Visit Colleges	September - Visit colleges, attend college fairs, and request information packets.
Step 3: Apply for Financial Aid	October - Complete FAFSA and other financial aid applications.
Step 4: Submit Applications	November - Submit college applications and standardized test scores.
Step 5: Receive Acceptance	December - Receive college acceptance letters and financial aid offers.
Step 6: Accept an Offer	January - Accept an offer from a college and submit an enrollment deposit.
Step 7: Prepare for College	February - Prepare for college by taking required courses and studying for the transition.
Step 8: Attend College	September - Attend college and begin your undergraduate education.

# Class of 2019 Post-Secondary Plans

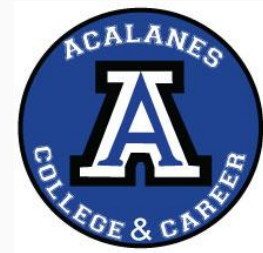
## AHS Data Class of 2019

<input type="checkbox"/>	4 Year College	76.3%
<input type="checkbox"/>	Community College	18%
<input type="checkbox"/>	UC	12.7%
<input type="checkbox"/>	CSU	11.5%
<input type="checkbox"/>	In State Private	9.2%
<input type="checkbox"/>	Out of State Public	25%
<input type="checkbox"/>	Out of State Private	16.9%
<input type="checkbox"/>	International Universities	1%
<input type="checkbox"/>	Gap Year/Military/Other	5.7%



# Surviving the Application Process

- Take a deep breath
- Get Organized
- Put important dates on the calendar
- Keep track of logins and passwords
- Check email regularly
- Be realistic with your list





# Student's Role - Own the process

- Create and complete applications
- Research options
- Create and complete applications
- Use the resources at school--academy, lunch etc.
- Take care of business at school-- order transcripts, ask for letters of rec, provide student statement

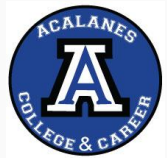


# Parent/Guardian Role

- Support your student
- Share your experience
- Research together all college options using tools available:
  - Naviance Super Match
  - Naviance College Match
  - Niche
  - Big Future
  - College Hunch (app)
  - College Confidential
  - College Data
- Complete Parent Statement in Naviance
- Help manage deadlines, set aside time for college discussion that is stress free.

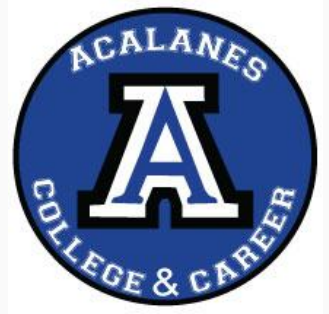
# Community Colleges

- Open Enrollment beginning Feb. Apply early.
- No SAT/ACT required
- Orientation in Spring
- Priority transfer to UC's and CSU's
- Honors Transfer Program
- Transfer Admission Guarantee (TAG - 6 Schools)
- Residential Housing available (11 California schools have this option)



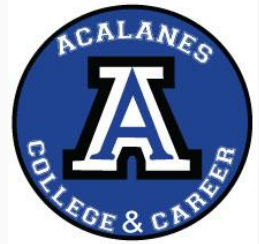
# College List - Where to Begin

- Naviance SuperMatch
- Naviance Scattergrams
- Campus Tours and Information Sessions
- Admission Rep Visits to Acalanes



# Building a Good List

- Academic Fit *AND* Financial Fit
- Apply to 6 - 9 schools
  - 2 - 3 Likely
  - 3 - 4 Possible
  - 1 - 2 Stretch
- Any school you apply to is a school you *WANT* to attend.
- Love your list.



# Types of Admissions

## Early Decision

**Binding**

Advantage:

Earlier notification, more favorable review,

*Appropriate if 100% certain about where you want to attend*

## Early Action

**Non-Binding**

Advantage:

Earlier notification, more favorable review at some.

**\*\*Restricted Early Action**

## Regular Decision

**Non-Binding**

Advantage:

Opportunity to improve grades during Fall semester

*Leaves options open*

## Rolling Decision

**Non-Binding**

Advantage:

Applications are reviewed in the order they are received

*Decision in 4-6 weeks*

# Types of Applications

## UC Application

- Self reported grades (no transcripts)
- Official test scores
- Activities and Awards list
- Personal Insight Questions (respond to 4 out of 8 questions - 350 word max)

## CSU Application

- Self reported grades (no transcripts)
- Official test scores

**\*\*\*\*NO letters of recommendation required**

## Common Application

- 800 Schools
- Official test scores
- Activities & Awards
- Essay (Choose 1 of 7 options- 650 words)
- Counselor Recommendation
- Teacher Letter(s) of recommendation

## Coalition Application

- 120 schools
- University of Washington and others

# Types of Application Review

## Index Review

- GPA & courses
- Test scores
- Optional essay or short response



NORTHERN  
ARIZONA  
UNIVERSITY



## Holistic Review

- Academics
  - Grades, coursework, rigor
  - Standardized tests - SAT or ACT
- Achievement outside the classroom (extracurricular activities, employment, volunteer work, etc.)
  - Commitment and Leadership
- Context of High School achievements
- Personal Qualities - essays and letters of recommendation
- Match/Fit and demonstrated interest

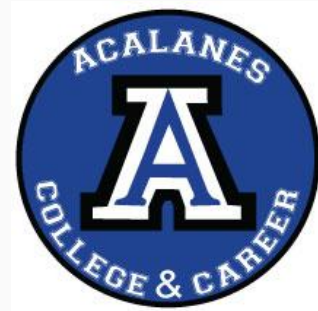


THE COMMON  
APPLICATION



# UC Application

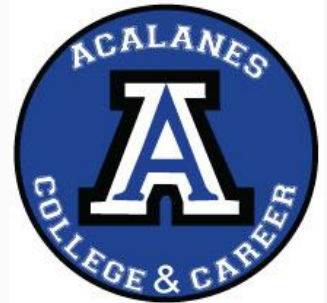
- Application is Open Now!
- Filing period: November 1st-November 30th
- Requires 4 personal Insight Questions (Choose from 8)
- SAT Reasoning or ACT with writing (send to 1 campus)
- No letters of recommendation (unless requested)
- No transcripts (unless requested)



# CSU Application

- Applications online
- Filing period: Oct. 1st-Nov.30th
- SAT Reasoning or ACT w/o writing (use 3594 to send to all)
- Writing score not used in eligibility determination
- NO: Essay, Subject Tests, Letters of Rec., Transcripts (unless requested)
- No extracurricular activities (except SLO)

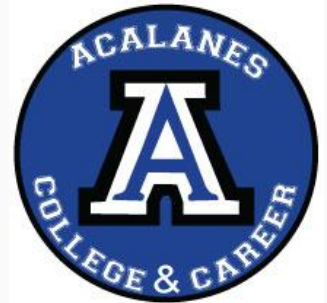
— CAL STATE —  
**APPLY**



# Common Application

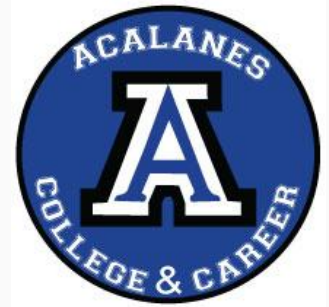
- Over 800 schools participate
- Complete ONE application for many schools
- Most likely will need letter(s) of recommendation
- Supplemental materials for specific schools
- Sync Naviance with Common App by signing FERPA on Naviance

THE COMMON  
APPLICATION



# Private and Out-of-State Colleges

- Apply NOW through college's website, Common App, or Coalition
- May require Supplemental Essays
- Interviews - optional but important
- Resume of Extracurricular Activities
- Letters of Recommendation
  - Counselor
  - Teacher
  - Secondary School Report (counselor)
- Mid-year report
- Transcript



# Application Timeline

Late Summer/Early Fall:	Rolling admission begins
August 1	UC and Common Applications open
October 1	CSU Application opens, FAFSA submission begins
Mid-Oct. - Mid-Nov.	Early Action/Early Decision deadlines
Nov. 1 - Nov. 30:	UC/CSU Application filing period
Dec. 1 - Feb. 1:	Regular decision deadlines
December - January	Early Action/Early Decision notifications
March	Community College applications
April	Placement testing (community college)
March - April	Regular decision notifications



# Transcripts

* P0600N PE 9 A 5.00 5.00	p L0344H Spanish 4 Hon C- 5.00 5.00
p VP921P Drama 1 A 5.00 5.00	p M0465P Algebra 2 B- 5.00 5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.33	p S0704P Geology A 5.00 5.00
Grade 9 Spring 2016-2017	p S0710A EnvirSci AP B 5.00 5.00
Acalanes High School	Credit Att: 30.00 Cmp: 30.00 TGPA: 2.83
p E0001P English 1 B 5.00 5.00	Grade 11 Spring 2018-2019
p H0140P WorldHist/Geog B 5.00 5.00	Acalanes High School
p L0342P Spanish 2 A- 5.00 5.00	p E0010P English 3 B 5.00 5.00
p M0453P Algebra 1 B 5.00 5.00	p H0144P US History B- 5.00 5.00
* P0600N PE 9 A 5.00 5.00	p L0344H Spanish 4 Hon C- 5.00 5.00
p VP921P Drama 1 A 5.00 5.00	p M0465P Algebra 2 B- 5.00 5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.50	* PS675N Athletic PE CR 5.00 5.00
Grade 10 Fall 2017-2018	p S0704P Geology B- 5.00 5.00
Acalanes High School	p S0710A EnvirSci AP B- 5.00 5.00
p E0005P English 2 B- 5.00 5.00	Credit Att: 35.00 Cmp: 35.00 TGPA: 2.83
p H0191P ContIss&PubPol B- 5.00 5.00	--WORK IN PROGRESS--
p L0343P Spanish 3 A- 5.00 5.00	Acalanes High School
p M0460P Geometry B- 5.00 5.00	ACADM Academy 0.00 0.00
* PS642N YogaPil&Fit-S A 5.00 5.00	p E0020A English 4 AP 10.00 0.00
p S0600P Living Earth B+ 5.00 5.00	p H0150P Econ 5.00 0.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.33	p H0151A CompGovtAP 5.00 0.00
Grade 10 Spring 2017-2018	p H0189P Psychology 10.00 0.00
Acalanes High School	p M0480P Statistics 10.00 0.00
p E0005P English 2 B 5.00 5.00	* O0544E Peer Tutor 10.00 0.00
p H0191P ContIss&PubPol A 5.00 5.00	p S0702P Physiology 10.00 0.00
IS260E Human&Soc Dvlpmt A 5.00 5.00	* Z5017N Off Campus 7 0.00 0.00
p L0343P Spanish 3 B 5.00 5.00	Total Credit: 60.00
p M0460P Geometry C 5.00 5.00	

Course Tags: * = Non Academic p = College Prep r = Repeated		
Weighted	Non-Weighted	
Acad GPA (9-12)	<b>3.21</b>	<b>3.09</b>
Acad GPA (10-12)	<b>3.17</b>	<b>3.00</b>
Total GPA (9-12)	<b>3.28</b>	<b>3.17</b>
Credit Attempted:	<b>185.00</b>	
Credit Completed:	<b>185.00</b>	
District Enter: 8/22/2016 School Enter: 8/22/2016  <b>Class of 2020</b>		
Subject Area	CREDIT SUMMARY	Compl Needed
English 1	10.00 10.00	-
English 2	10.00 10.00	-
English 3	10.00 10.00	-
English	10.00 -	10.00
Mathematics	20.00 20.00	-
Algebra 1	10.00 10.00	-
Phys Ed 9	10.00 10.00	-
Phys Ed	10.00 10.00	-
Physical Science	10.00 10.00	-
Biological Science	10.00 10.00	-
World Hist/Geog	10.00 10.00	-
US History	10.00 10.00	-
US Government	5.00 -	5.00
Economics	5.00 -	5.00
Language/Tech Ed	20.00 20.00	-
Visual/Perf Arts	10.00 10.00	-
Health	5.00 5.00	-
Electives	65.00 30.00	35.00
* TOTALS *	240.00 185.00	55.00
Algebra 1 Requirement Met		

## What To Look For

- Check your credits (240 required)
- Is your name spelled correctly and does it match your college application?
- State ID
- Mistakes?



# Transcripts: GPA's

- Weighted vs Non-Weighted
- Non-Weighted Academic GPA (9 - 12)
- Non- Weighted Academic GPA (10 -12)

	Weighted	Non-Wgtd
Acad GPA (9-12)	3.81	3.62
Acad GPA (10-12)	3.83	3.58
Total GPA (9-12)	3.82	3.64
Credit Attempted:	280.00	
Credit Completed:	280.00	

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District Enter: 8/24/2015  
School Enter: 8/24/2015

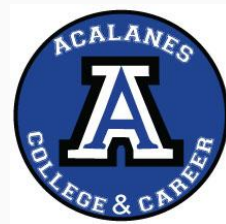
**Graduated - HS diploma:  
6/6/2019**

State ID# 5151162892

# Ordering Transcripts

The screenshot shows the Acalanes High School webstore interface. At the top, there is a navigation bar with the school logo and links for 'BROWSE BEGIN HERE', 'SERVICES', 'HOME', 'LOGIN', and 'CART'. The main content area is titled 'TRANSCRIPT - CURRENT STUDENT' and features a '\$5' price tag. On the left, there is a sidebar with 'Transcripts' and two options: 'TRANSCRIPT - CURRENT STUDENT' (selected) and 'TRANSCRIPT - FORMER STUDENT'. The main content includes a login form with fields for 'Email' and 'Password', a 'LOG IN' button, and a 'CREATE NEW ACCOUNT' button. To the right of the login form, there are three numbered instructions: 1. 'CURRENT ONLY' - Before you pay on the webstore, request official transcripts on Naviance. 2. 'Change Quantity on next screen to reflect the total number of transcripts you are paying for.' 3. 'You MUST denote which school(s) you are sending transcript(s) to'. Below these instructions, a notice states: 'From June 29 to July 24 ONLY; AHS will be closed so please pick-up your transcript at 1212 Pleasant Hill Road, Lafayette. Please allow three days.'

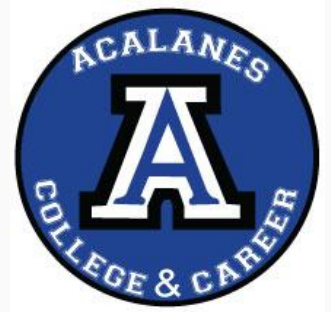
- Visit Acalanes Webstore
- Write out the full name of college
- Change quantity
- UC's and CSU's - self report





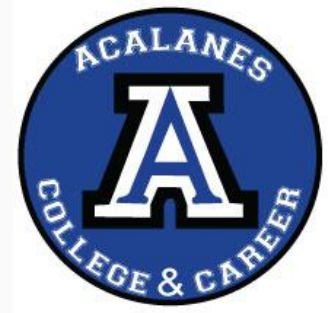
# Standardized Tests

- October - Early Decision and Early Action
- November – SLO & San Diego State (SAT Reasoning)
- December – LAST MONTH TO TEST!
  - SAT Subject Test
  - UC & CSU will accept December test



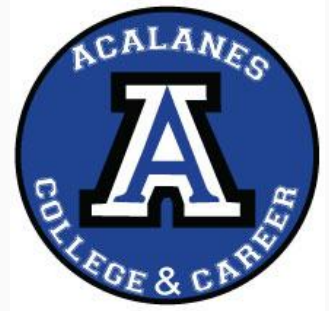
# Submitting Applications

- Print/take a screenshot and keep a copy of EVERYTHING
- Keep separate files for each school
- Don't wait until the last minute - Systems do crash and they won't allow late submissions.



# NCAA

- Register student with eligibility center if you haven't already!
- Send transcript and official test scores to NCAA
- Core Course requirements
- Follow recruiting rules



# Naviance

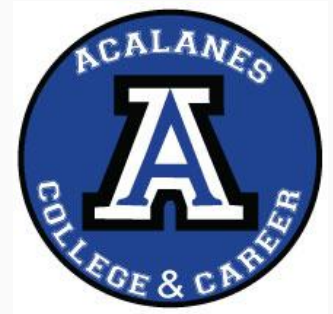
- Sign up for Rep Visits
- Update College List
- Match Naviance account with the CommonApp

## LOG IN

<https://naviance.com/acalanes>

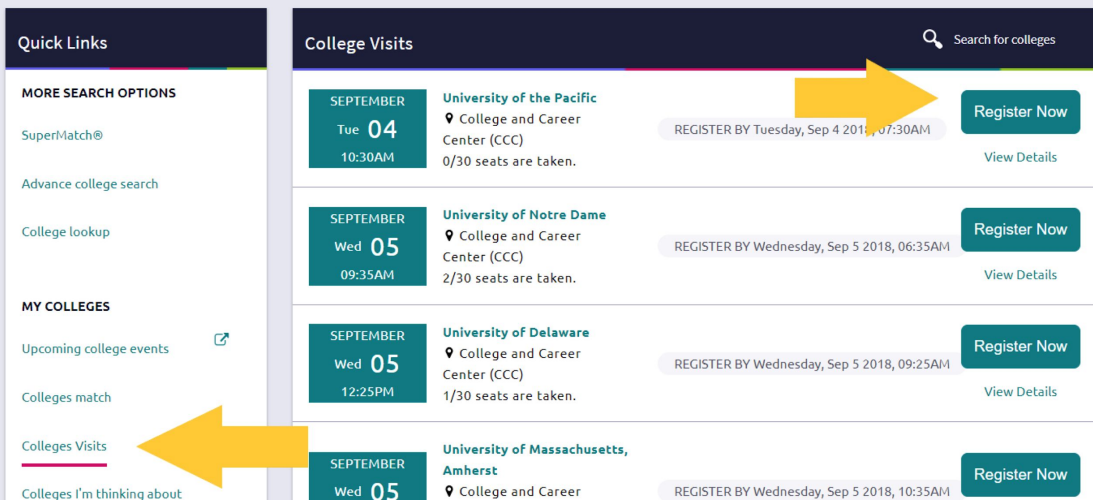
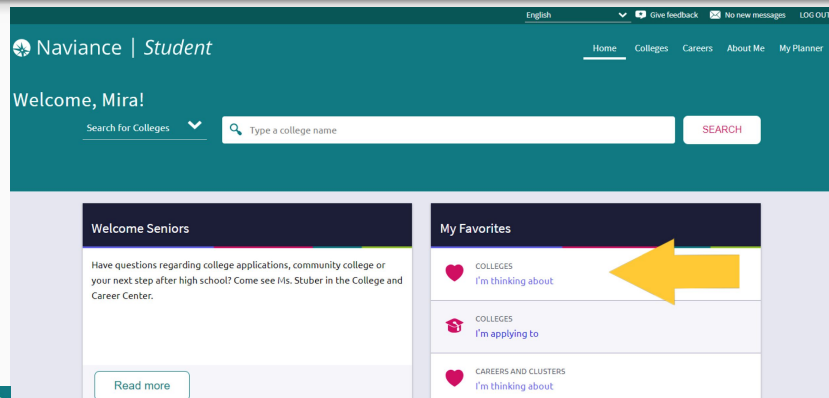
**Username:** 200 student ID number

**Password:** Network password



# Signing Up For Rep Visits

- 'Colleges'
- 'Research Colleges'
- 'College Visits'
- 'Register Now'



STUDENTS WILL  
GET A NOTE FROM THE  
CCC IN THE MORNING

# Update College List

Colleges I'm thinking about Search for colleges

+ Add Colleges to List Compare Me

2 selected UPDATE INTEREST MOVE TO APPLICATION LIST REMOVE \* = extended profile available

College	Delivery type	Added By	Expected Difficulty*	Application Deadlines	Interest
<input checked="" type="checkbox"/> San Diego State University		Student	N/A	Regular Decision 30 November	N/A <span>▼</span> <span>MORE</span>
<input checked="" type="checkbox"/> San Jose State University		Student	N/A	Regular Decision 30 November	N/A <span>▼</span> <span>MORE</span>
<input type="checkbox"/> Sonoma State University		Student	N/A	Regular Decision 30 November	N/A <span>▼</span> <span>MORE</span>
<input type="checkbox"/> Stanford University		Student	N/A	Regular Decision 2 January	N/A <span>▼</span> <span>MORE</span>

- 'Colleges I'm thinking about'
- Select colleges
- Move to Application List

*Note: Don't move any colleges you are not certain about applying to*

# Match with CommonApp

The screenshot shows the CommonApp interface for a user named Mira. The top navigation bar includes 'Dashboard', 'My Colleges', 'Common App', 'College Search', and 'Financial Aid Resources'. The user's profile information is displayed as 'Welcome, Mira! First Year | CAID 16500927 sstuber@auhsdschools.org' with a 'Sign Out' button. The left sidebar shows the 'Stanford University' application progress, with 'FERPA Release Authorization' highlighted. The main content area shows the 'FERPA Release Authorization' section with a 'Release Authorization' button circled in green. Other sections include 'Invite Recommenders' and 'Recommenders for Stanford University'. A right sidebar contains 'Instructions and Help' with links for FERPA rights and counselor information.

**Prior to matching, make sure the following has been done on the CommonApp:**

- Completed information up to the 'education' section
- At least one school added that they will be applying to
- Go to 'My Colleges' tab
- FERPA & Recommenders signed

# Match with CommonApp

1

## Colleges I'm applying to

Search for colleges

It looks like you are not currently able to apply to Common App schools. Match your Common App account to Naviance Student account to get started.

Match Accounts

### Common App Account Matching

Note: Once you match account, your FERPA status can no longer be changed and you cannot unmatch your account.

We're excited that you are ready to apply to colleges. Some colleges allow you to apply with Common App. You can match your Common App and Naviance Student account to track your applications in one place! In just a few short steps, we'll have your accounts matched.

#### Get Started with Common App

- Create a Common App account on [Common App Online](#)
- Sign the Common App (CA) FERPA Waiver on [Common App Online](#)

#### Match Your Accounts

Tell us the email address you used for Common App and your date of birth.

Common App Email Address

Date of Birth

Match Accounts

I don't need this

#### TIPS

These tips will help you successfully match your accounts.

- Make sure you use the **email address** that you chose for your Common App account
- Make sure that **last name** on your Naviance Student account matches the last name you used to create your Common App account.
- Make sure the **date of birth** on your Naviance Student account matches the date of birth on your Common App account.

Application Milestones Compare Me

\* = extended profile available

REMOVE

Type	Deadline	Expected Difficulty*	Transcripts	Office material
RD	Regular Decision	N/A	no request	Pending

2





# Letters of Recommendation

1. Who would you like to write this recommendation?\*

Select A Teacher

2. Select which colleges this request is for:\*

- Choose **specific** colleges from your *Colleges I'm Applying To* list
- All current and future colleges I add to my *Colleges I'm Applying To* list

3. Include a personal note to remind your recommender about your great qualities and any specifics about your request:

3000 characters remaining

Cancel

Submit Request

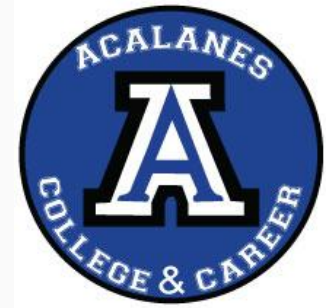
\* Indicates a required field

- 'Colleges'
- 'Apply to College'
- 'Letters of Recommendation'
- Select Teacher



# Financial Aid

- FAFSA - Opens Oct. 1 - everyone should fill out [fafsa.ed.gov](https://fafsa.ed.gov)
- CSS - Opens Oct. 1 Some require [cssprofile.collegeboard.org](https://cssprofile.collegeboard.org)
- Types of Aid: Need based, Merit, Scholarship, Loans, Work Study
- Use “**Net Price Calculator**” on school financial aid sites to understand **Expected Family Contribution (EFC)**
- Each school has a different financial aid deadline.
- [www.wiche.edu/WUE](https://www.wiche.edu/WUE) --Western states discount



# Total Costs of College- Tuition, housing, supplies

## Cal States

- Cal Poly \$30,000
- Chico \$24,000
- San Francisco State \$27,000
- San Diego State \$28,000
- Sonoma State \$25,000

## UCs

- CAL \$35,000
- Davis \$34,000
- UCLA \$33,000
- UCSB \$35,000
- UC Santa Cruz \$35,000

**CA Community Colleges** Tuition- Free

## Privates

- USC \$67,000
- Chapman \$65,000
- LMU \$61,000
- TCU \$58,000
- Gonzaga \$53,000
- Syracuse \$61,000
- Northwestern \$68,000

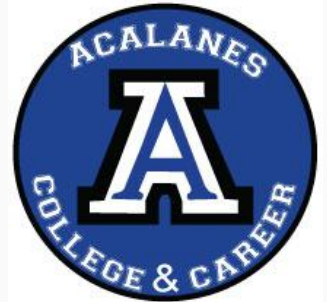
## Out of State Public

- U of WA \$49,000
- U of Oregon \$47,000
- U of Colorado, Boulder \$55,000
- Montana State\* \$31,000
- Northern Arizona\* \$31,000
- Colorado State\* \$24,000
- Univ. Nevada Reno\* \$25,000

\* Western Undergraduate Exchange (WUE)

# Support Through the Process

- Academy Sessions
  - Common App Essay
  - UC Personal Insight Questions
  - Supplemental Essays
  - Building your College List
- Weekly emails
- Open workspace during brunch, lunch and 6/7th period.
- Monthly Newsletters



# Next Steps

- Individual Counselor Meetings will begin soon
- The College and Career Center is your primary resource for all things regarding post-secondary planning
- Email with questions:
  - [aschonauer@auhdschools.org](mailto:aschonauer@auhdschools.org)
  - [wreicher@auhdschools.org](mailto:wreicher@auhdschools.org)



Good Luck Dons!

